

# Schnitz Allergen Information

## Allergen Notes:

**NOTE: We cannot guarantee completely allergen free meals due to the potential presence of trace allergens in the working environment.**

1. Due to the nature of our food preparation and cooking processes some cross contamination of trace amounts of allergens may occur.
2. If you have severe allergies to any of the noted allergens please tell one of our staff and we will do our best to serve you and offer alternatives.
3. NOTE: We cannot guarantee completely allergen free meals due to the potential presence of trace allergens in the working environment.
  4. Schnitz Chip Seasoning does not contain animal products and MSG.
  5. Special customer orders and alterations to our standard menu items do not apply to this allergen information sheet.
  6. The allergens of your chosen schnitzel is based on the allergens of the crumbs used or crumb-free flavour option used.

### Allergen Symbols



Contains this allergen or sensitive ingredient\*



May contain this allergen

|  | Wheat        | Gluten | Egg | Milk & Milk Products | Soy | Peanuts | Tree Nuts | Sesame Seed | Crustacea | Lupin | Fish & Fish Products | Sulphites (>10ppm) | Garlic | Onion |
|--|--------------|--------|-----|----------------------|-----|---------|-----------|-------------|-----------|-------|----------------------|--------------------|--------|-------|
| <b>Schnitzel (choose one from each subsection)</b>             |              |        |     |                      |     |         |           |             |           |       |                      |                    |        |       |
| <b>Schnitzel Protein Options</b>                               |              |        |     |                      |     |         |           |             |           |       |                      |                    |        |       |
| Chicken Breast Fillet  | No Allergens |        |     |                      |     |         |           |             |           |       |                      |                    |        |       |
| Beef Fillet  | No Allergens |        |     |                      |     |         |           |             |           |       |                      |                    |        |       |
| Vegetable Patty  | No Allergens |        |     |                      |     |         |           |             |           |       |                      |                    | ✗      | ✗     |
| <b>Schnitz Batter Wash</b>                                     |              |        |     |                      |     |         |           |             |           |       |                      |                    |        |       |
| Seasoned Plant-Based Batter Wash                               | ⊖            | ⊖      | ⊖   | ⊖                    | ⊖   |         |           | ⊖           | ⊖         |       |                      |                    | ✗      | ✗     |
| <b>Crumbs Schnitzel Options</b>                                |              |        |     |                      |     |         |           |             |           |       |                      |                    |        |       |
| Traditional Crumbed Schnitzel (Chicken, Beef, Vegetable Patty) | ✗            | ✗      | ⊖   | ⊖                    | ⊖   |         |           | ⊖           | ⊖         |       |                      |                    | ✗      | ✗     |
| Spicy Crumbed Schnitzel (Chicken, Beef, Vegetable Patty)       | ✗            | ✗      | ⊖   | ⊖                    | ⊖   |         |           | ⊖           | ⊖         |       |                      |                    | ✗      | ✗     |
| Gluten Free Crumbed Schnitzel (Chicken, Beef, Vegetable Patty) | ⊖            | ⊖      | ⊖   | ⊖                    | ⊖   |         |           | ⊖           | ⊖         |       |                      |                    | ✗      | ✗     |
| <b>Crumb-Free Flavour Options</b>                              |              |        |     |                      |     |         |           |             |           |       |                      |                    |        |       |
| Moroccan   | ⊖            | ⊖      | ⊖   | ⊖                    | ⊖   |         |           | ⊖           | ⊖         |       |                      |                    | ✗      | ✗     |
| Lemon Pepper   | ⊖            | ⊖      | ⊖   | ⊖                    | ⊖   | ⊖       |           | ⊖           | ⊖         |       |                      |                    | ✗      | ✗     |
| <b>Schnitz Bread Rolls &amp; Wraps</b>                         |              |        |     |                      |     |         |           |             |           |       |                      |                    |        |       |
| Toasted Turkish Roll (Regular or Snack Size)                   | ✗            | ✗      |     |                      | ✗   |         |           | ✗           |           |       |                      |                    |        |       |
| Tortilla Wrap (Regular, Mini, and Extra Mini Wrap)             | ✗            | ✗      |     |                      | ⊖   |         |           |             |           |       |                      |                    |        |       |
| Gluten Free Wrap   |              |        | ⊖   |                      | ⊖   |         |           | ⊖           |           |       |                      |                    |        |       |
| High Protein Low Carb Wrap                                     | ✗            | ✗      |     | ⊖                    | ✗   |         |           | ⊖           |           |       |                      |                    |        |       |

\*garlic & onion are sensitive ingredients

|   | Wheat        | Gluten | Egg | Milk & Milk Products | Soy | Peanuts | Tree Nuts | Sesame Seed | Crustacea | Lupin | Fish & Fish Products | Sulphites (>10ppm) | Garlic | Onion |
|---|--------------|--------|-----|----------------------|-----|---------|-----------|-------------|-----------|-------|----------------------|--------------------|--------|-------|
| <b>Roll &amp; Wrap Fillings (excluding Schnitzel and roll/wrap allergens)</b>                                       |              |        |     |                      |     |         |           |             |           |       |                      |                    |        |       |
| Basic Instinct  |              |        | ✗   |                      |     |         |           |             |           |       | ○                    |                    | ✗      |       |
| Plain & Simple  |              |        | ✗   | ✗                    |     |         |           |             |           |       | ○                    |                    | ✗      | ✗     |
| Status Quo  |              |        | ✗   | ✗                    |     |         |           |             |           |       | ○                    |                    |        | ✗     |
| American Dream  |              |        | ✗   | ✗                    |     |         |           |             |           |       | ○                    |                    |        | ✗     |
| The Swiss   |              |        | ✗   | ✗                    |     | ○       | ○         |             |           |       | ○                    |                    | ✗      |       |
| The Hawaiian  |              |        |     | ✗                    |     |         |           |             |           |       | ○                    |                    | ✗      | ✗     |
| The Aussie  |              |        | ✗   | ✗                    |     |         |           |             |           |       | ○                    |                    | ✗      | ✗     |
| OMG!  |              |        | ✗   | ✗                    |     |         |           |             |           |       | ○                    |                    | ✗      | ✗     |
| Parmageddon   |              |        |     | ✗                    |     |         |           |             |           |       | ○                    |                    | ✗      | ✗     |
| Spice of Life   | ✗            | ✗      | ✗   |                      |     |         |           |             |           |       | ○                    | ✗                  | ✗      |       |
| Garden of Eden  |              |        | ✗   |                      |     |         |           |             |           |       | ○                    |                    | ✗      | ✗     |
| Chip Butty - Gravy  | ✗            | ✗      | ○   | ✗                    | ✗   | ○       | ○         | ○           | ○         | ○     | ○                    | ✗                  | ✗      | ✗     |
| <b>Plates - Chips &amp; Salads/Dressing Only (excluding Schnitzel allergens)</b>                                    |              |        |     |                      |     |         |           |             |           |       |                      |                    |        |       |
| Schnitzel & Original Chips  | ✗            | ✗      | ○   | ○                    | ○   | ○       | ○         | ○           | ○         | ○     | ○                    | ✗                  | ✗      | ✗     |
| Schnitzel & Garden Salad  | ○            | ○      | ○   | ○                    | ○   |         | ○         | ○           | ○         | ○     | ○                    | ○                  | ✗      | ✗     |
| Schnitzel & Rainbow Slaw  |              |        | ✗   | ✗                    |     |         |           |             |           |       | ○                    |                    |        | ✗     |
| Schnitzel, Original Chips & Garden Salad  | ✗            | ✗      | ○   | ○                    | ○   | ○       | ○         | ○           | ○         | ○     | ○                    | ✗                  | ✗      | ✗     |
| Schnitzel, Original Chips & Rainbow Slaw  | ✗            | ✗      | ✗   | ✗                    | ○   | ○       | ○         | ○           | ○         | ○     | ○                    | ✗                  | ✗      | ✗     |
| <b>Parmas</b>   |              |        |     |                      |     |         |           |             |           |       |                      |                    |        |       |
| Parmigiana & Original Chips (Traditional Crumb)   | ✗            | ✗      | ○   | ✗                    | ○   | ○       | ○         | ○           | ○         | ○     | ○                    | ✗                  | ✗      | ✗     |
| Ham Parma & Original Chip (Traditional Crumb)   | ✗            | ✗      | ○   | ✗                    | ○   | ○       | ○         | ○           | ○         | ○     | ○                    | ✗                  | ✗      | ✗     |
| Hawaiian Parma & Original Chips (Traditional Crumb)   | ✗            | ✗      | ○   | ✗                    | ○   | ○       | ○         | ○           | ○         | ○     | ○                    | ✗                  | ✗      | ✗     |
| Loaded Schnitzel & Original Chips (Traditional Crumb)   | ✗            | ✗      | ○   | ✗                    | ✗   | ○       | ○         | ○           | ○         | ○     | ○                    | ✗                  | ✗      | ✗     |
| <b>Salads - With Dressing (excluding Schnitzel allergens)</b>   |              |        |     |                      |     |         |           |             |           |       |                      |                    |        |       |
| Rainbow Slaw  |              |        | ✗   | ✗                    |     |         |           |             |           |       | ○                    |                    |        | ✗     |
| Garden Salad  | ○            | ○      | ○   | ○                    | ○   |         | ○         | ○           | ○         | ○     | ○                    | ○                  | ✗      | ✗     |
| Mediterranean Salad (with Balsamic)   |              |        |     | ✗                    |     | ○       | ○         |             |           |       | ○                    |                    |        | ✗     |
| Caesar Salad  | ✗            | ✗      | ✗   | ✗                    | ✗   |         |           | ○           |           |       | ○                    |                    | ✗      |       |
| <b>Salad Dressings</b>  |              |        |     |                      |     |         |           |             |           |       |                      |                    |        |       |
| Zesty Lemon Dressing  | ○            | ○      | ○   | ○                    | ○   |         | ○         | ○           | ○         | ○     | ○                    | ○                  | ✗      |       |
| Caesar Dressing (Fish Allergen)   |              |        | ✗   | ✗                    |     |         |           |             |           |       | ○                    |                    | ✗      |       |
| Coleslaw Dressing   |              |        | ✗   | ✗                    |     |         |           |             |           |       |                      |                    |        |       |
| Balsamic Dressing   | No Allergens |        |     |                      |     |         |           |             |           |       |                      |                    | ✗      | ✗     |
| <b>Chips &amp; Schnacks</b>   |              |        |     |                      |     |         |           |             |           |       |                      |                    |        |       |
| Original Chips (with Original Signature Seasoning)  | ✗            | ✗      | ○   | ○                    | ○   | ○       | ○         | ○           | ○         | ○     | ○                    | ○                  | ✗      | ✗     |
| Sweet Potato Chips (with Paprika Salt)  | ○            | ○      |     |                      |     |         |           |             | ○         |       |                      |                    |        |       |
| Schnitz Stick (Traditional Snack Chicken Schnitzel)   | ✗            | ✗      | ○   | ○                    | ○   |         |           | ○           | ○         | ○     | ○                    |                    | ✗      | ✗     |
| Nosh Box (Original Chips with portion Traditional Chicken Schnitzel)  | ✗            | ✗      | ○   | ○                    | ○   | ○       | ○         | ○           | ○         | ○     | ○                    | ○                  | ✗      | ✗     |
| Chicken Schnuggets  | ✗            | ✗      | ✗   | ○                    | ○   | ○       | ○         | ○           | ○         | ○     | ○                    | ○                  | ✗      | ✗     |
| American Loaded Chips (Original Chips with Signature Seasoning)   | ✗            | ✗      | ○   | ✗                    | ○   | ○       | ○         | ○           | ○         | ○     | ○                    | ○                  | ✗      | ✗     |
| Nacho Loaded Chips (Original Chips with Signature Seasoning)  | ✗            | ✗      | ○   | ✗                    | ○   | ○       | ○         | ○           | ○         | ○     | ○                    | ○                  | ✗      | ✗     |
| Chick 'N' Gravy Loaded Chips (Original Chips with Signature Seasoning and portion of Traditional Chicken Schnitzel) | ✗            | ✗      | ○   | ✗                    | ✗   | ○       | ○         | ○           | ○         | ○     | ○                    | ○                  | ✗      | ✗     |

|   | Wheat        | Gluten | Egg | Milk & Milk Products | Soy | Peanuts | Tree Nuts | Sesame Seed | Crustacea | Lupin | Fish & Fish Product | Sulphites (>10ppm) | Garlic | Onion |
|---|--------------|--------|-----|----------------------|-----|---------|-----------|-------------|-----------|-------|---------------------|--------------------|--------|-------|
| <b>Kids Packs - Served with Traditional Chicken Schnitzel (excluding wrap/roll juice allergens)</b> |              |        |     |                      |     |         |           |             |           |       |                     |                    |        |       |
| Teeny-Weeny Pack  | ✗            | ✗      | ⊖   | ✗                    | ⊖   | ⊖       | ⊖         | ⊖           | ⊖         | ⊖     | ⊖                   | ✗                  | ✗      | ✗     |
| Itty-Bitty Pack   | ✗            | ✗      | ⊖   | ⊖                    | ⊖   | ⊖       | ⊖         | ⊖           | ⊖         | ⊖     | ⊖                   | ✗                  | ✗      | ✗     |
| <b>Dips/Sauces</b>  |              |        |     |                      |     |         |           |             |           |       |                     |                    |        |       |
| Kettle Cooked Gravy   | ⊖            | ⊖      | ⊖   | ✗                    | ✗   |         |           |             | ⊖         |       | ⊖                   |                    | ✗      | ✗     |
| Tomato Sauce  | No Allergens |        |     |                      |     |         |           |             |           |       |                     |                    |        |       |
| Honey Mustard Mayonnaise  |              |        | ✗   |                      |     |         |           |             |           |       |                     |                    |        |       |
| Aioli   |              |        | ✗   |                      |     |         |           |             |           |       |                     |                    | ✗      |       |
| BBQ Relish  | No Allergens |        |     |                      |     |         |           |             |           |       |                     |                    |        |       |
| Sweet Chilli Mayonnaise   |              |        | ✗   |                      |     |         |           |             |           |       |                     |                    | ✗      |       |
| Chipotle Chilli Mayonnaise  |              |        |     |                      |     |         |           |             |           |       |                     | ✗                  | ✗      |       |
| Original Mayonnaise   |              |        | ✗   |                      |     |         |           |             |           |       |                     |                    | ✗      |       |
| Hot Curry Mayonnaise  | ✗            | ✗      | ✗   |                      |     |         |           |             |           |       |                     |                    | ✗      |       |
| Napolitana Sauce  | No Allergens |        |     |                      |     |         |           |             |           |       |                     |                    |        |       |
| American Mustard  | ✗            | ✗      | ⊖   | ⊖                    | ⊖   | ⊖       |           | ⊖           | ⊖         |       | ⊖                   |                    | ✗      |       |
| Cheese Sauce  | ⊖            | ⊖      | ⊖   | ✗                    | ⊖   |         |           |             |           |       |                     |                    |        |       |
| <b>Ingredients (excluding uncooked vegetables and fresh produce)</b>                                |              |        |     |                      |     |         |           |             |           |       |                     |                    |        |       |
| Bacon   | No Allergens |        |     |                      |     |         |           |             |           |       |                     |                    |        |       |
| Cheese  |              |        |     | ✗                    |     |         |           |             |           |       |                     |                    |        |       |
| Cheese-Feta   | ⊖            |        |     | ✗                    |     | ⊖       | ⊖         |             |           |       |                     |                    |        |       |
| Cheese-Mozzarella   |              |        |     | ✗                    |     |         |           |             |           |       |                     |                    |        |       |
| Cheese-Parmesan   |              |        | ✗   | ✗                    |     |         |           |             |           |       |                     |                    |        |       |
| Cheese-Swiss  |              |        |     | ✗                    |     |         |           |             |           |       |                     |                    |        |       |
| Chip Seasoning  | ⊖            | ⊖      | ⊖   | ⊖                    | ⊖   | ⊖       | ⊖         | ⊖           | ⊖         | ⊖     | ⊖                   | ✗                  | ✗      | ✗     |
| Chunky Salsa  | ⊖            | ⊖      | ⊖   | ⊖                    | ⊖   |         |           | ⊖           |           |       | ⊖                   |                    |        | ✗     |
| Croutons  | ✗            | ✗      |     | ⊖                    | ✗   |         |           | ⊖           |           |       | ⊖                   |                    |        |       |
| Crumbled Bacon  | No Allergens |        |     |                      |     |         |           |             |           |       |                     |                    |        |       |
| Ham   |              |        |     |                      | ⊖   |         |           |             |           |       |                     |                    |        |       |
| Mushroom-Sauteed  | No Allergens |        |     |                      |     |         |           |             |           |       |                     |                    |        |       |
| Olives  | No Allergens |        |     |                      |     |         |           |             |           |       |                     |                    |        |       |
| Onions-Sauteed  | No Allergens |        |     |                      |     |         |           |             |           |       |                     |                    |        |       |
| Paprika Salt  | No Allergens |        |     |                      |     |         |           |             |           |       |                     |                    |        |       |
| Pepper-Sauteed  | No Allergens |        |     |                      |     |         |           |             |           |       |                     |                    |        |       |
| Pickled Chilli & Jalapenos  |              |        |     |                      |     |         |           |             |           |       |                     | ✗                  |        |       |
| Pickles   | No Allergens |        |     |                      |     |         |           |             |           |       |                     |                    |        |       |
| Pineapple   | No Allergens |        |     |                      |     |         |           |             |           |       |                     |                    |        |       |
| Semi-dried Tomato   |              |        |     |                      |     | ⊖       | ⊖         |             |           |       |                     |                    |        |       |
| Sour Cream  |              |        |     | ✗                    |     |         |           |             |           |       |                     |                    |        |       |