

# Schnitz Allergen Information

## Allergen Notes:

**NOTE: We cannot guarantee completely allergen free meals due to the potential presence of trace allergens in the working environment.**

1. Due to the nature of our food preparation and cooking processes some cross contamination of trace amounts of allergens may occur.
2. If you have severe allergies to any of the noted allergens please tell one of our staff and we will do our best to serve you and offer alternatives.
3. Schnitz Crumb & Chip Seasoning is 100% Vegan (i.e. it contains no animal products) and DOES NOT contain any MSG.
4. Special customer orders and alterations to our standard menu items do not apply to this allergen information sheet.
5. When building your schnitzel choose a protein, batter and a crumb to complete the allergen list.

### Allergen Symbols



Contains this allergen or sensitive ingredient\*



May contain this allergen

	Wheat	Gluten	Egg	Milk & Milk Products	Soy	Peanuts	Tree Nuts	Sesame Seed	Crustacea	Sulphites	Lupin	Fish & Fish Products	Garlic	Onion
<b>Schnitzel (choose one from each subsection)</b>														
<b>Protein</b>														
Chicken Breast Fillet														
Beef Fillet														
Pork Fillet														
Vegan Patty													X	X
<b>Wash Batter</b>														
Egg Wash Batter	X	X	X	X								-		
Gluten Free & Vegan Wash Batter														
<b>Crumbs &amp; Crumb-Free</b>														
Traditional Crumbs (crumbs only)	X	X			X								X	X
Spicy Crumbs (crumbs only)	X	X											X	X
Cheese & Herb Crumb (crumbs only)	X	X		X									X	X
Gluten Free Corn Crunch Crumbs (crumbs only)													X	X
Crumb-Free - Moroccan													X	X
Crumb-Free - Lemon Pepper													X	X
<b>Burger Rolls &amp; Wraps</b>														
Toasted Turkish Roll (Snack or Regular Size)	X	X			X			X						
Toasted Tortilla Wrap	X	X												
Gluten Free Wrap														

\*garlic & onion are sensitive ingredients

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<b>Burger &amp; Wrap Fillings (excludes Schnitzel and burger/wrap allergen information)</b>														
Basic Instinct			×										×	
Plain & Simple			×	×									×	×
Status Quo			×	×										
American Dream			×	×	×									×
The Swiss			×	×		–				×			×	
The Hawaiian				×										×
The Aussie			×	×	×									×
OMG!	–	–	×	×									×	×
Parmageddon	No Allergens												×	×
Spice of Life	×	×	×							×			×	×
Garden of Eden	–	–	×										×	×
Chip Butty - BBQ	×	×											×	×
Chip Butty - Gravy	×	×		×	×								×	×
<b>Nude Wraps</b>														
Buffalo Baby	×	×		×	×			–					×	×
The Greek	×	×		×	×		–	–					×	×
The Moroccan	×	×		×	×	–	–	×					×	×
High Protein Low Carb Wrap	×	×		–	×			–						
Ranch Sauce				×									×	×
Buffalo Sauce	No Allergens												×	
Tzatziki				×	–		–	–					×	
Hommus				–	–		–	×					×	
<b>Plates - Chips &amp; Salads/Dressing Only (excludes Schnitzel allergen information - see "Schnitzel Options" above)</b>														
Schnitzel & Original Chips	×	×											×	×
Schnitzel & Garden Salad	No Allergens												×	×
Schnitzel & Rainbow Slaw			×	×										
Schnitzel, Original Chips & Garden Salad	×	×											×	×
Schnitzel, Original Chips & Rainbow Slaw	×	×	×	×									×	×
<b>Parmas</b>														
Parmigiana (Traditional Crumb) - not including egg wash	×	×		×	×			–					×	×
Vegan Parma (not including crumb)	No Allergens												×	×
Cheese & Ham Parma (Traditional Crumb, Egg Wash) & Original Chips	×	×	×	×	×			–			–		×	×
Avo Smash Parma (Traditional Crumb, Egg Wash) & Original Chips	×	×	×	×	×	–	–	×			–		×	×
Hawaiian Parma (Traditional Crumb, Egg Wash) & Original Chips	×	×	×	×	×			–			–		×	×
Loaded Schnitzel (Traditional Crumb, Egg Wash) & Original Chips	×	×	×	×	×			–			–		×	×
<b>Salads - With Dressing (excludes Schnitzel allergen information - see "Schnitzel Options" above)</b>														
Rainbow Slaw			×	×										
Garden Salad	No Allergens												×	×
Mediterranean Salad				×		–	–						×	×
Caesar Salad	×	×	×	×	×			–				×	×	
Lovingly Fresh Salad	–	–		×	–	–	–	×					×	×

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<b>Salad Dressings</b>														
Zesty Lemon Dressing	No Allergens												×	
Caesar Dressing			×	×								×	×	
Coleslaw Dressing			×	×										
<b>Chips &amp; Snacks</b>														
Chips	×	×											×	×
Sweet Potato Chips	⊖	⊖												
Schnitz Stick	×	×	×	×	×			⊖			⊖		×	×
Nosh Box	×	×	×	×	×			⊖			⊖		×	×
<b>Kids Packs - Served with Chicken or Beef Schnitzel</b>														
Teeny-Weeny Pack	×	×	×	×	×			×			⊖		×	×
Itty-Bitty Pack	×	×	×	×	×			⊖			⊖		×	×
<b>Dips/Sauces</b>														
Kettle Cooked Gravy				×	×								×	×
Vegan Mayo	No Allergens													
Tomato Dip	No Allergens													
BBQ Dip	No Allergens													
Honey Mustard Dip			×											
Original Mayonnaise Dip			×										×	
Aioli Dip	⊖	⊖	×										×	
BBQ Relish Dip	No Allergens													×
Sweet Chilli Mayo Dip			×										×	
Hot Curry Mayo Dip	×	×	×										×	
Chilli Aioli Dip			×										×	
Napolitana Sauce	No Allergens													×
<b>Ingredients</b>														
Vegan Cheese	No Allergens													
Vegan Mozzarella Cheese	No Allergens													
Smashed Avocado	No Allergens													
Sauteed Peppers	No Allergens												×	
Pickled Chilli & Jalapenos										×				
Paprika Salt	No Allergens													
Quinoa	No Allergens													
Mixed Seeds	⊖	⊖			⊖			×						×
Dried Cranberries	No Allergens													